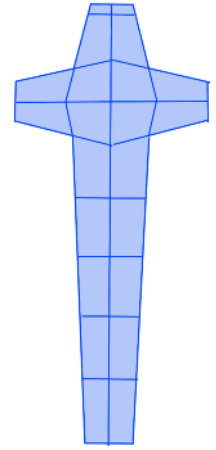


# ST ANDREW'S CHURCH MAGAZINE

The Stow, Harlow, CM20 3AF



Love is patient;  
love is kind;  
love is not  
envious  
or boastful  
or arrogant.

*1 Corinthians 13: 4*

Minister:  
Rev Dr Frank Okai-Sam  
Phone: 443400  
[minister@standrewsharlow.org.uk](mailto:minister@standrewsharlow.org.uk)

**February &  
March 2026**

# MINISTERIAL TEAM

## **Rev Dr Frank Okai-Sam**

12 Harefield, Harlow, CM20 3EF  
Phone: 443400  
Email: minister@standrewsharlow.org.uk

## **Rev John Buxton, M A (Cantab)**

15 The Drive, Harlow, CM20 3QD  
Phone: 422661  
email: minister2@standrewsharlow.org.uk

Dear Friends,

It seems that I have to continue with my letters about trips to Ghana.

This time, I have the privilege of going for my sabbatical.

Most of you have heard at different gatherings that I am on Sabbatical this year. Actually, I'll be away from 1<sup>st</sup> March to 31<sup>st</sup> May - three full months. It is a gift from the Methodist Church which I have gratefully accepted.

One may ask about how I'm going to fill the time and if I will be bored. Not at all. My sabbatical includes personal retreats in the U. K. and Ghana, understudying two Ministers in Ghana, and catching up with my family, both in the U.K and Ghana. Included in all these is to find time to attend the funeral of my late mother-in-law in Ghana in March.

But wait a minute. I am writing this letter two days after my supervision. At that session, I reflected that I may be filling some of the time in Ghana with 'four funerals and a wedding'. I said this because I've realised that I'll have to put on my pastoral hat in Ghana and attend three other funerals of close relations of members of St. Andrew's. And a wedding of yet another member's relation, also in Ghana. Someone may say that God has a sense of humour.

I have understood that sabbatical is derived from the 'Sabbath'. The Sabbath is one of God 's ways of asking his people to give themselves, their animals and even the land, rest. However, I am also reminded of Matthew 12: 9 - 14 where Jesus had to challenge the status quo of people not lifting a finger at Sabbath. He reminded the temple leaders that human needs, mercy and justice override legalism. It overrides oppressive restrictions and gives room for the well-being of people and nature.

*He said to them, "If any of you has a sheep and it falls into a pit on the Sabbath, will you not take hold of it and lift it out? How much more valuable is a person than a sheep! Therefore it is lawful to do good on the Sabbath." (Matthew 12: 11 - 12).*

It is my hope to tell you more about my Sabbatical adventures both in the U.K. and Ghana when I return in June.

Have a blessed time.

Yours sincerely,  
Frank

*This following prayer missed the Christmas magazine deadline, but I believe it is relevant for today: Rev Frank*

Dear God,

As Christmas approaches, cleanse our hearts and fill them with understanding and your grace. We give thanks as you gave us your only Son, for us to be where we are today and live in your presence. As the wise men rejoiced when they saw the star, we will also rejoice because we are covered by your blood, which brings us true happiness. Just as much as you are generous to us, may we be generous unto our neighbours, spreading peace, the good news, and of course gifts.

Help us to take the time to dwell in the Spirit no matter how busy we are, for we know you are always waiting. Open our hearts to lay our worries down to you and take in the warmth and clarity of your word. Motivate us to quit habits that are not good and carry on with the helpful ones that fulfil our purpose as your children. Show us your love in all that we do so that we can reflect such glory onto others.

In Jesus name we pray, Amen.

*A prayer by Eslie Okyere*

## QUOTABLE QUOTES

Some Christians are not only like salt that has lost its savour, but like pepper that has lost its pep.

Albert George Butzer

Christianity is the total commitment of all I know of me to all I know of Jesus Christ.

William Temple

Every action of our lives touches on some chord that will vibrate in eternity. E H Chapin

It is not great talents that God blesses, so much as great likeness to Jesus.

Robert Murray M'Cheyne

Nature forms us; sin deforms us; school informs us; Christ transforms us.

That faith which is never assaulted with doubting is but a fancy. Assuredly that assurance which is ever secure is but a dream. – Robert Bolton

It costs to follow Jesus Christ, but it costs more not to.

If God brings you to it, He will bring you through it.

Happy moments, praise God. Difficult moments, seek God.

Quiet moments, worship God. Painful moments, trust God.

Every moment, thank God.

Life is too short for us to do everything we want to do; but it is long enough for us to do everything God wants us to do.

I find the great thing in this world is not so much where we stand, as in what direction we are moving.

O W Holmes



### THEY HAPPENED IN FEBRUARY

80 years ago, on 11th Feb 1946, that the Revised Standard Version of the New Testament was published. It was the first major English-language update of the Bible since the King James version was published in 1611.

40 years ago, on 12th Feb 1986 that the Treaty of Canterbury was signed by Britain and France. It was the agreement to construct the Channel Tunnel linking the two countries. The tunnel opened in 1994.

# The staggering vision of '2001 A Space Odyssey'

By Rev Roy Shaw, Parish Pump

I recently saw an excerpt from the film '2001 A Space Odyssey', and had to remind myself that it was released in the early summer of 1968. I was so enthralled and mystified by the film that I saw it twice that year, and it's still staggering in its realisation.

No computer-generated imagery back then; it was all shot with realistic models of spaceships, slow-spinning space-stations, lunar bases, star-scapes, against the blackness of space. It recreated all the stuff needed to make people believe that what they saw on the screen was credible as a vision of what, in 1968, lay 30 years ahead. Painstaking, detailed and exact camerawork obviously played a big part, too. One critic has even said that the scenes in the space station and the space ships, especially of the humans piloting or guiding those machines, look more credible than anything NASA put out.

'2001' still takes my breath away nearly sixty years later. It looks soooo convincing! Now, here's the confession bit; I haven't really grasped the ending, when Dave (the astronaut we've followed throughout the film) reaches out to embrace the future as a star-child. At least, I think that's what the ending is about, but I still have questions.

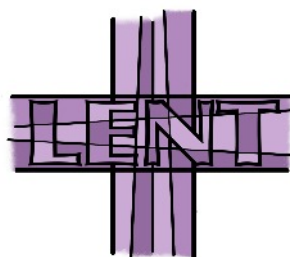
All this has parallels with our faith, at least for some of us. Christian faith offers us a vision, and a staggering one at that, where we can embrace the future with hope, even though we've no clear sense of the ending beyond our earthly pilgrimage. We are given some clues in the Scriptures and the words of Jesus, but much of it is hidden from us.

And as we live out our faith, committing our ways to God each day, I trust we have discovered it is a credible faith, one that keeps us keeping on through the yearly cycle of Christmas, Lent, Holy Week, Easter, Pentecost, Advent. 'God is with us', 'God is for us', 'God is in us', 'God is near us' All those truths, experienced day by day, are staggering, and take a lifetime to digest. We don't know all the answers, but we have enough to go on to trust God in the here and now.

Are there films, tv series, books, maybe a magazine article, which have cast some light on your pilgrim path? Which have helped you follow God with more understanding? What comes to mind? Give thanks for all the ways God leads you on the daily path.



Pancake day is  
Tuesday  
17<sup>th</sup> February



**EASTER  
SUNDAY  
IS  
5<sup>th</sup>  
APRIL**





Henry is making a real effort for Lent – he's giving up the remote control and walking to the TV



  
With thanks to Parish Pump for some of this page and other contributions in the Magazine.

A little girl sitting on her grandfather's lap reached up to touch his wrinkled cheek. "Grandpa, did God make you?"

"Yes, sweetheart," he answered, "God made me a long time ago."

"Oh," she paused. "Grandpa, did God make me too?" Her grandfather assured her that He had. Feeling his wrinkled cheek again, she observed, "God's getting better at it, isn't He?"

A man confided to his friend that he and his wife had had a serious argument the night before. "It finally ended," he said, "when she came crawling to me on her hands and knees."

"What did she say?" asked the friend, amazed.

The husband replied, "She said, 'Come out from under that bed, you coward!'"

### **Hymns for Professionals**

Dentist – Crown Him with many crowns  
Contractors – The Church's one foundation  
Obstetricians – Come labour on  
Politicians – Standing on the promises  
Librarians – Let all mortal flesh keep silent

### **Church notices with a twist!**

We apologise for the following typo in last Sunday's bulletin: 'Lunch will be gin at 12:15.' Please correct it to read '12 noon.' "

Any church member aged over 18 can join our lay ministry programme. It requires a minimal amount of training and time. The first course is six weekly classes of about 200 hours each Tuesday night.

The Seniors group will have a picnic on Saturday. Each person is asked to bring either a friend or a vegetable in a covered dish.

Church Jumble Sale: All welcome. We can offer a gents three-speed bicycle, and two ladies for sale, in good running order."

### **Question: How would you make a marriage work?**

Always tell your wife that she looks pretty, even if she looks like a train wreck – Ricky, age 10

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6		2					8	3

Solution - page 9

© 2014 KrazyDad.com

## FIVE GOOD REASONS TO EAT GREEK YOGURT

Real live Greek yogurt is seriously good for you. Its protein and live bacteria have been linked to stronger muscles, boosted gut microbiome, and better heart, bone and brain health.

Greek yogurt is high in protein, with up to 10g of protein per 100g. That's about double the protein of low-fat yogurt or Greek-style yogurts. What's more, it is a 'complete' source of protein, with all nine of the essential amino acids that our bodies can't make by themselves.

Greek yogurt boosts your gut health. Its natural probiotics encourage a wider array of beneficial bugs to live in your gut. That means less inflammation, and probably fewer cancer-causing chemicals.

Greek yogurt contains the minerals potassium and magnesium, which can help to both support and regulate blood pressure.

### DISTURB US, LORD

Disturb us, Lord,  
When we are too well pleased with ourselves,  
When our dreams have come true  
Because we have dreamed too little,  
When we arrived safely  
Because we sailed too close to the shore.

Disturb us, Lord,  
When with the abundance of things we possess  
We have lost our thirst  
For the waters of life;  
Having fallen in love with life,  
We have ceased to dream of eternity  
And in our efforts to build a new earth,  
We have allowed our vision  
Of the new Heaven to dim.

Disturb us, Lord, to dare more boldly,  
To venture on wider seas  
Where storms will show your mastery;  
Where losing sight of land,  
We shall find the stars.  
We ask You to push back  
The horizons of our hopes;  
And to push into the future  
In strength, courage, hope, and love.

*Attributed to Sir Francis Drake, 16th Century*

Greek yogurt provides calcium. This can contribute to greater bone density and even re-build bone tissue if we are older or have been injured.

Greek yogurt includes the B vitamins – thiamine (B1), riboflavin (B2) and cobalamin (B12). These help support memory, critical thinking, and our problem-solving skills.

*Parish Pump*

# EDITOR'S LETTER



**Dear Friends,**

I'm writing this as the decorations come down and it's icy underfoot. And we are safely into another New Year! We made promises at the Covenant Service and re-dedicated our lives to our Saviour. And new things have begun in our church: The Coffee, Craft and Chat on the second Friday of each month and Prayer and Meditation on the second Sunday. Talk to Jordan or Rev Frank to find out more details.

## VALENTINE'S DAY *from Parish Pump*

God obviously approves of romance – after all, putting Adam and Eve alone together in the Garden of Eden was His idea.

The history of the Israelites began with three great romances: Abraham and Sarah, Isaac and Rebekah, and Jacob and Rachel. The on-going history of Israel was deeply affected by later romances: Esther and King Xerxes, David's love affair with Bathsheba, and Solomon's marriage to hundreds of foreign wives. There is even an entire book in the Old Testament devoted to human love: the Song of Solomon!

When we reach the New Testament, we find real love between Joseph and Mary (even when Joseph thought Mary had been faithless, he did not want to harm her). St Paul, though himself a bachelor, nevertheless spent a lot of time urging Christians to love and be kind and faithful and considerate to their spouses. He even wrote 1 Corinthians 13 – the great love chapter that is read at millions of weddings worldwide 2000 years later.

Down the centuries ever since, romantic love has been critical in shaping history (Anthony and Cleopatra), in shaping cultural ideals (King Arthur and the Knights of the Round Table). Some of our favourite stories are built on romance. (Puccini's Tosca, Shakespeare's Romeo and Juliet, Jane Austen's Pride and Prejudice, Charlotte Bronte's Jane Eyre.)

Today, romance is still alive and well in Britain – last year we sent about 25 million Valentines to each other.

And what of the future? Well, just as the Bible begins with a love story, so it ends with one. And you are involved! For actually the greatest Love Story of all time is that between God and his people.

Christ is described in Revelation as our heavenly Bridegroom, and the Church is His beloved Bride. He has given us the most expensive present of all – Himself. And, just as in all the best romances, the story will end with the bride and groom getting together at last, so at the End of Time, Christ will return for His Bride.



On 18<sup>th</sup> February we begin Lent which means Easter is in the first week of April this year. And so the year rolls by.

**Wishing you God's blessing,  
Hazel Taylor**

**WE REMEMBER THOSE WHO HAVE DIED**

**Rev Jim Gill who died 1<sup>st</sup> February 2009**

**Rev Harold Fisher who died 28<sup>th</sup> February 2012**

**Beti Evans who died 11<sup>th</sup> March 2013**

**John Allbutt who died 11<sup>th</sup> February 2018**

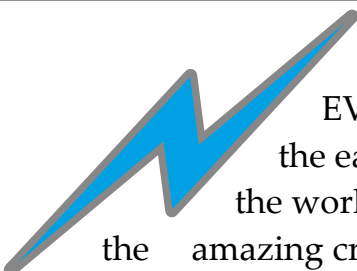
**Jeanne Ashpole who died 15<sup>th</sup> February 2019**

**Elsie Steel who died 15<sup>th</sup> March 2021**

**Our thoughts are with their families at this time.**

**PRAYER**

**P  
R  
A  
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E  
R**



EVERLASTING GOD, who created the heavens and the earth; and you and me. As the seasons change, we see the work of our unchanging God. Look at a flower, and see the amazing creativity. Look at a sunset and see God in action.

Our God and Saviour loves each one of us, his beloved creation. God has given us his Holy Book, the Bible, and his Holy Spirit. May we read, study and learn. May we share our faith with others who don't know of his wonderful, saving love.



We pray in Jesus' name, Amen.

**MISSION ENABLER JORDAN STRINGER**

Jordan.standrews@outlook.com

If you use **FACEBOOK** do look at our page, updated by Joanne regularly. Just search for **St Andrew's Methodist Church on FB**

**POP-IN PRAYERS**

prayers in the chapel from 11 - 11.30 am.

On the 3<sup>rd</sup> Saturday each month

**21<sup>st</sup> February & 21<sup>st</sup> March**

**PRAYER WALK**

**11 - 11.50am**

**21<sup>st</sup> March**

**Praying around The Stow area.**

**ALL WELCOME**

**ALL WELCOME**

**We are part of HAEBE (Herts and Essex Border Circuit)**

**We are also part of Herts and Essex Border Ecumenical Partnership**

## ***From the ‘Flight to Egypt’ to ‘Crossing the Mediterranean’***

At Christmas, we heard the story of the birth of Jesus being told multiple times; this usually concluded with the telling of the flight of the Holy Family to Egypt to escape the persecution of King Herod and their subsequent return (Matthew 2:13-23).

Very little was said in the Gospels of their time in Egypt. I can only surmise that they were treated kindly by the local folks. This not only enabled them to survive and grow, but also to return to Israel four or so years later to settle in Nazareth.

This story was frequently used by religious and political leaders as an example and encouragement to us all to treat refugees and migrants humanely and generously. From what I know, this has always been the mantra of the British people in these isles for generations, who have absorbed persecuted people from continental Europe and beyond since medieval times. It is, therefore, quite disturbing to see public opinion gradually drifting away from this principle, and leaning more towards the fad of populism that is taking hold in some parts of Europe and North America. This is short-sighted and misguided. There are numerous examples that I have witnessed at firsthand over the years to substantiate my case.

When I first started doing scientific research and development in this country, I encountered quite a few colleagues who originated, or were descendants of people, from Germany, Poland, Czechoslovakia (as it was then called), Norway and Ukraine, who escaped from war-torn Europe and have since made their homes and valuable technical contributions to this country, to the benefit of both parties.

This view was consistent with my observations of growing up in British-administered Hong Kong after the Second World War. WWII was followed by the Cold War and civil war in China. Hundreds of refugees poured daily from mainland China into tiny Hong Kong seeking survival. You might think this is unsustainable, but the government made the wise decision to absorb these refugees and migrants. Yes, there were problems in the provision of housing, education and healthcare, but these could be overcome with positive actions, and in time, thanks to their determination for survival, expertise, hard-working and entrepreneurial spirit, these new arrivals not only made their contributions to the labour force and the generation of new business, but became the catalyst for the subsequent explosion in economic growth, making Hong Kong the economic miracle of Asia. Many of the mega international businesses in Hong Kong and worldwide today were started by refugees from that period.

Some twenty years later, in 1973, when the Americans withdrew from Vietnam, the South Vietnamese government collapsed, triggering the exodus of ‘boat-people’ from that country to places all over Southeast Pacific, to Indonesia, Philippines, Malaysia, Singapore, Hong Kong, and as far as Australia. One could see the difference in the way with which different administrations used to handle the crises. Some instructed their navies and coast guards to tow the refugees back to sea after replenishing them with food and water, others simply towed them straight back to sea as soon as they were intercepted, but once again the Hong Kong government allowed these refugees to be absorbed into the general population. In time, the new entrants grew to such numbers that made it impossible for this tiny city to cope with. Discussions were held with allies USA, Canada, Australia and New Zealand. So the refugees were partitioned up and resettled in these countries, as well as the British Isles themselves. Some settled and prospered here in Harlow that I came to know of.

Just the other week I watched an inspiring interview with a Vietnamese man who fled to this country alone during this period and studied hard to gain a first-class honours degree from Oxford. In the peak of his career, he managed, for his employer, hundreds of executives from all over the world in an international business. He is semi-retired now, but said that what he learnt in his life was that, perhaps not at the beginning but eventually, he should not be afraid but proud to tell people that he was once a refugee. There are numerous examples like this of people who have been given shelter in this country and subsequently repaid in full with their first-class contributions.

History has the habit of repeating itself. Some fifty years after all these, with the Americans withdrawing from Afghanistan, and civil wars raging in Africa and the Middle-East, people fled across the Mediterranean into Europe in large numbers by small boats, and you can see once again how different countries treated the boat-people differently, mirroring exactly what happened decades ago on the opposite side of the world. Britain was among those who have the most humane policies.

In the words of King Charles in his Christmas broadcast back in 2023: *“And at a time of increasingly tragic conflict around the World, I pray that we can also do all in our power to protect each other. The words of Jesus seem more than ever relevant: ‘Do to others as you would have them do to you.’ Such values are universal, drawing together our Abrahamic family of religions, and other belief systems, across the Commonwealth and wider world. They remind us to imagine ourselves in the shoes of our neighbours, and to seek their good as we would our own.”* Amen

*Andrew Wong*

**DEADLINE FOR NEXT MAGAZINE -**

*Paper copy by Sunday 15<sup>th</sup> MARCH, email copy by  
Wednesday 18<sup>th</sup> MARCH, [magazine@standrewsharlow.org.uk](mailto:magazine@standrewsharlow.org.uk)*

All updates on church information are on our  
**CHURCH WEBSITE** [www.standrewsharlow.org.uk](http://www.standrewsharlow.org.uk)  
What you see may be an old version, press the F5 key to refresh.

**SPUD & PUD  
LUNCHES**

**21<sup>st</sup> February**

**21<sup>st</sup> March**

**Cost = £5. Please book.**

**Everyone Welcome.**

Solution to puzzle on page 5

1	9	7	2	6	4	5	3	8
4	2	6	5	3	8	1	7	9
8	3	5	1	7	9	4	6	2
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2	6	8	4	1	7	3	9	5
9	5	4	6	8	3	7	2	1
7	8	3	9	2	1	6	5	4
6	1	2	7	4	5	9	8	3



**BIBLE READING Acts 26: 24 - 31, from The Living Bible**

A snippet from Paul's last journey

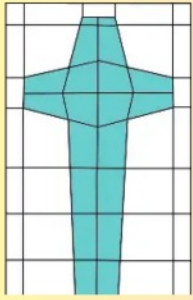
Suddenly Festus shouted, 'Paul, you are insane. Your long studying has broken your mind!'

But Paul replied, 'I am not insane, Most Excellent Festus. I speak word of sober truth. And King Agrippa knows about these things ... do you believe the prophets? But I know you do.'

Agrippa interrupted him. 'With trivial proofs like these, you expect me to become a Christian?'

And Paul replied, 'Would to God that whether my arguments are trivial or strong, both you and everyone here in this audience might become the same as I am, except for these chains.'

Then the king, the governor, Bernice, and all the other stood and left. As they talked it over afterwards they agreed, 'This man hasn't done anything worthy of death or imprisonment.'



# CRAFT AND COFFEE



**MEETING 2<sup>ND</sup> FRIDAY OF THE MONTH  
10AM – 12PM**



**IF YOU'RE A KNITTER OR CROCHETER, BRING  
ALONG A PROJECT YOU'RE WORKING ON  
(THERE WILL BE SOME BITS AVAILABLE TOO)**



**CHAT AND MEET NEW PEOPLE**



St Andrews Methodist Church, The Stow, Harlow, CM20 3AF

## Coffee & Craft – Fellowship, Creativity, and Connection

Coffee & Craft is a gentle, joy-filled space where busy hands and open hearts come together. We meet on the 2nd Friday of every month, 10am–12pm in the hall and everyone is welcome – seasoned makers, curious beginners, or anyone who simply enjoys a warm drink and good company.

Bring your own project or try one of the activities provided. Whether we're stitching, sketching, gluing, knitting, or just chatting, we're creating more than crafts – we're creating community.

Donations are welcome toward tea, coffee, and biscuits, but the most important thing you bring is yourself.

Join me for our next gathering on **Friday 13th February** as we slow down, get creative, and share time together. We'd love to see you there as friendships and creativity grow side by side.

*Jordan Stringer*

The March meeting is also Friday 13<sup>th</sup>.

## **ST. ANDREW THE DISCIPLE - in a page**

**Arthur Revels**

Whilst researching a passage in John's gospel relating to the first few days of the ministry of Jesus, I came across Andrew (John 1.29 – 1.42). I realised that I knew so little about him. He was one of the lesser known of the disciples and I could find only twelve references to him in the New Testament. He was a fisherman together with his brother Simon.

Andrew was one of the first disciples to be named in John's gospel. He was one of two disciples of John the Baptist. On hearing John testify that Jesus was the Lamb of God, he followed Jesus. Jesus sees them following and asks them 'what do you want'. They reply 'Rabbi, (meaning teacher) where are you staying?' Jesus invites them to 'come and see'. They spent many hours with Jesus.

Andrew then went to find his brother Simon to tell him the good news that they have found the Messiah. He then takes Simon to meet Jesus. Jesus renames Simon, Cephas, meaning Peter. Peter in Greek means rock. Peter became one of the leaders of the early church. Andrew was the first disciple to confirm the identity of Jesus.

Andrew was not one of the inner circle of disciples but was prepared to take second place. He was the disciple known for introducing others to Jesus. There are only three times in the gospels where Andrew comes into prominence. He brought Peter to Jesus. He brought to Jesus the boy with the five loaves and two fishes (John 6. 8 – 9), although he had no idea that Jesus would use them for feeding the five thousand. Andrew also had a role in introducing Greeks to Jesus (John 12. 22).

Andrew was one of the twelve disciples at the Last Supper and named as one of the disciples present following the ascension of Jesus (Acts 1.12). This is when Matthias was chosen to replace Judas.

Andrew is the patron Saint of Scotland. There is a legend that a Monk, St. Regulus was warned in a dream to move the bones of St. Andrew. He set sail but was shipwrecked on the east coast of Scotland and brought the remains ashore and buried them. He established a church at the site which became known as St. Andrew's. The surrounding town was later renamed St. Andrews.

After the death and resurrection of Jesus, Andrew continued to preach the gospel message. According to early Christian writings he was martyred in Patras, Greece. The Romans didn't like his message. He was crucified on an X shaped cross which became the cross shaped emblem on the Scottish flag. St. Andrew's day is celebrated on the 30<sup>th</sup> November and is a national holiday in Scotland.

What lessons can we learn from the life of Andrew? He was content to stand back and let his brother have a leading role, and he served Jesus humbly as a joyful disciple. We are all valuable to God in the Kingdom, it doesn't matter if we have only a small role in the church, content to be in the background. We are all serving Jesus. Like Andrew, we need to be a faithful servants, serving Jesus in all aspects of our lives.

Are we also leading others to Jesus? David Pawson in his commentary on John's gospel states clearly 'The greatest service you could ever do for someone else is to bring them to Jesus because it is the one thing that will last forever'. This was Andrew's greatest achievement and it should be our aim too.

# SUNDAY COFFEE



## Sunday Coffee - Alison Brand

- week 1      Gay Brown & **helper needed**
- week 2      Sylvia Impraim & **helper needed**
- week 3      Hazel Taylor & Jayne Graham-Mensah
- week 4      Alison Brand & Louise
- week 5      Margery Collier & **helper needed**

If you can't help serve, could you donate a packet of biscuits occasionally please?

***PLEASE NOTE***

**We still need help on the 1<sup>st</sup>, 2<sup>nd</sup> and 5<sup>th</sup> Sundays each month.**

## STARS

Each Tuesday in term time @ 10am  
Contact: Alison Brand



- First Tuesday      Gay Brown
- Second Tuesday      *CAN YOU HELP?*
- Third Tuesday      Gay Brown
- Fourth Tuesday      *CAN YOU HELP?*

**HELPERS  
NEEDED**

## FLOWER ROTA

### FEBRUARY

- 1<sup>st</sup>    *offers please*
- 15<sup>th</sup> The Wong Family for Chinese New Year



**THANKS TO EVERYONE  
WHO DONATES FOR  
CHURCH FLOWERS**

### MARCH

- 1<sup>st</sup>    Margaret Mountsteven
- 15<sup>th</sup> Yvonne Jones
- 29<sup>th</sup> *offer please*

**Flowers: contact Margaret Mountsteven  
or Hazel 438905**

Please let one of the above have the money and any colour preferences  
**two weeks** before your flower date.

# FEBRUARY DIARY

Our Sunday service  
is also on ZOOM

**YOUTH CHURCH**  
**Sunday 10.30AM**  
**in term time**



## BIBLE STUDIES -

- MONDAY - 12 noon - Eat your lunch as you share in a Bible discussion in Revelation, in the CHAPEL, led by Rev Frank.
- TUESDAY - 7.30pm - led by Fred Arthur, IN THE CHAPEL - studying Isaiah.
- THURSDAY - 12 NOON - ON ZOOM - led by Arthur Revels - studying 1&2 Timothy.
- THURSDAY - 7.30pm - led by Fred Arthur. ON ZOOM, studying The Gospel of John.

- SUNDAY 1<sup>st</sup> 10.30am Morning Worship and Holy Communion -  
Rev Dr Frank Okai-Sam
- 12.30pm Church Council Meeting - bring a packed lunch
- SUNDAY 8<sup>th</sup> 10.30am Morning Worship - Prayer and Praise  
6.00pm Time to Talk - Prayer and Meditation - Rev Dr Frank Okai-Sam
- Friday 13<sup>th</sup> 10.00am Coffee, Craft & Chat - with Jordan, see P10
- SUNDAY 15<sup>th</sup> 10.30am Morning Worship - Rev Dr Frank Okai-Sam & Mr Bob Boyce

Wednesday 18<sup>th</sup>

THE BEGINNING OF **LENT**



- Thursday 19<sup>th</sup> 12.30pm *Friendship Group at the home of Margaret T in East Park*
- Saturday 21<sup>st</sup> 11.00am Pop-in Prayers  
12 noon Spud and Pud - £5, please book
- SUNDAY 22<sup>nd</sup> 10.30am Morning Worship - Rev John Buxton  
12 noon Ghanaian Methodist Fellowship

FEBRUARY  
FEBRUARY

FEBRUARY  
FEBRUARY

**YOUTH CHURCH**  
**Sunday 10.30am**  
**In term time**

# MARCH DIARY

*Our Sunday Service is also on Zoom*



## BIBLE STUDIES -

MONDAY - 12 noon - Eat your lunch as you share in a Bible discussion in Revelation in the CHAPEL, led by Rev Frank.  
 TUESDAY - 7.30pm - led by Fred Arthur in the CHAPEL - studying Isaiah.  
 THURSDAY - 12 NOON - ON ZOOM - led by Arthur Revels - studying Philemon  
 THURSDAY - 7.30pm - led by Fred Arthur. ON ZOOM, studying The Gospel of John

**MARCH**

**MARCH**

SUNDAY	1 <sup>st</sup>	10.30am	Morning Worship with Holy Communion - TBA*
SUNDAY	8 <sup>th</sup>	10.30am	Morning Worship - TBA*
		6.00pm	Time to Talk - Prayer and Meditation
Friday	13 <sup>th</sup>	10.00am	Coffee, Craft & Chat - with Jordan, see P10
SUNDAY	15 <sup>th</sup>	10.30am	Morning Worship - TBA*
Thursday	19 <sup>th</sup>	12.30pm	Friendship Group at the home of Hazel in Ladyshot
Saturday	21 <sup>st</sup>	11.00am	Prayer Walk led by Rev Frank - all welcome
		11.00am	Pop in Prayer - all welcome
		12 noon	Spud & Pud - £5, <i>please book</i>
SUNDAY	22 <sup>nd</sup>	10.30am	Morning Worship - TBA*
	29 <sup>th</sup>	<b>CLOCKS GO FORWARD</b>	
SUNDAY	29 <sup>th</sup>	10.30am	Morning Worship on PALM SUNDAY - TBA*
		12.15pm	St Andrew's Ghanaian Methodist Fellowship

TBA\* Note - the meeting to arrange our preachers for March is after we print our magazine. The Preaching Plan will be available after 8<sup>th</sup> February.

### **FUTURE DATES FOR YOUR DIARY**

PASTORAL VISITORS MEETING on SATURDAY 13<sup>th</sup> June @ 3.00pm  
 CHURCH COUNCIL MEETING on SUNDAY 5<sup>th</sup> July @ 12.30pm